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**WEANING (BLW) Progression: 6-10
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*Top 100 Baby Purees | Annabel
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This essential collection of best-ever
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Karmel features 100 quick and easy recipes that will make for a healthy and happy baby—all the recipes are suitable for babies aged six months and above, and are so tasty you will want to eat them yourself!

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really sink their teeth (or gums!) into.
By the age of nine months, many
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cow's milk or plant-based milk in cooking is absolutely fine for babies over 6 months, just don't substitute their usual milk (breast milk or formula) for any of these varieties until they are at least 1 year old.

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Annabel Karmel has 126 books on Goodreads with 6498 ratings. Annabel Karmel's most popular book is Top 100 Baby Purees: Top 100 Baby Purees.

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About The Book. Following up on her hit bestseller Top 100 Baby Purees, British media star and Today show favorite Annabel Karmel presents Top 100 Finger Foods, a scrumptious guide to creating tasty tidbits that young children can really sink their teeth (or gums!) into. By the age of

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nine months, many babies are ready and eager to start feeding themselves.

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